MEMORANDUM FOR All Cadets of the Southern Strike Battalion

SUBJECT: The Southern Strike Battalion Standards & Expectations

1. The Primary goal of this booklet is to guide and reinforce the high standards of conduct and appearance of all Cadets within the Southern Strike Battalion. These standards do not represent all of the regulatory guidance governing individual Cadets or Cadre. They highlight certain items found in Army Regulations, Cadet Command guidance, and University standards.

2. The Southern Strike Army ROTC program has a rich heritage. We are noted for producing men & women leaders who have the physical and mental ability to succeed in any endeavor, the moral courage to make tough decisions, and the enthusiasm to lead in any organization. Through active participation in this program, you will be rewarded with lasting friendships, unique educational experiences, and fond memories of unique activities provided to our Cadets.

3. Compliance with these standards is basic to the discipline of all our Cadets. It is important that each Cadet has pride in one’s self and the unit. We appreciate your dedication and support to this outstanding organization.

Southern Strike!

HEATH E. PAPKO
LTC, Engineer Corps
Professor of Military Science
<table>
<thead>
<tr>
<th>Key Acronyms</th>
<th>Page 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Army Values</td>
<td>Page 5</td>
</tr>
<tr>
<td>Cadet Creed &amp; Symbols Explained</td>
<td>Page 6</td>
</tr>
<tr>
<td>Code of Conduct</td>
<td>Page 7</td>
</tr>
<tr>
<td>Grooming Standards &amp; Uniform Standards</td>
<td>Page 10</td>
</tr>
<tr>
<td>Tactical Equipment Setup</td>
<td>Page 14</td>
</tr>
<tr>
<td>Customs &amp; Courtesies</td>
<td>Page 16</td>
</tr>
<tr>
<td>Army &amp; Cadet Rank Structure</td>
<td>Page 17</td>
</tr>
<tr>
<td>BN &amp; CO Task Organization</td>
<td>Page 19</td>
</tr>
<tr>
<td>Weekly Battle Rhythm</td>
<td>Page 21</td>
</tr>
<tr>
<td>Special Teams</td>
<td>Page 22</td>
</tr>
<tr>
<td>Order of Merit List</td>
<td>Page 23</td>
</tr>
<tr>
<td>Leadership Duties &amp; Responsibilities</td>
<td>Page 24</td>
</tr>
<tr>
<td>Mentorship Program</td>
<td>Page 27</td>
</tr>
<tr>
<td>Semester Awards</td>
<td>Page 28</td>
</tr>
<tr>
<td>Supply / Contracting Requirements</td>
<td>Page 29</td>
</tr>
<tr>
<td>104R Example</td>
<td>Page 31</td>
</tr>
<tr>
<td>Local Contacts</td>
<td>Page 33</td>
</tr>
<tr>
<td>Radio Key Words &amp; Techniques</td>
<td>Page 34</td>
</tr>
<tr>
<td>MS4 Training Plan Process</td>
<td>Page 35</td>
</tr>
</tbody>
</table>
DIV – Division  CG – Commanding General
BDE – Brigade  DCG – Deputy Commanding General
BN – Battalion  CDR – Commander
TF – Task Force  PL – Platoon Leader
CO – Company  PSG – Platoon Sergeant
PLT – Platoon  SL – Squad Leader
Sqd – Squad  TL – Team Leader
TM – Team  SM – Service Member

APMS – Assistant Professor of Military Science
CCIMS – Cadet Command Information Management System
GSA – General Services Administration (Government Vehicles)
HRA – Human Resource Administrator
PMS – Professor of Military Science
SMI – Senior Military Instructor
ROO – Recruitment Operations Officer
USACC – U.S. Army Cadet Command

AAR – After Action Review
AA – Assemble Area
ACU – Army Combat Uniform
ARNG – Army National Guard
ENDEX – End of Exercise
EVAL – Evaluation
EPW – Enemy Prisoner of War
MS1 – Freshman Course
MS2 – Sophomore Course
MS3 – Junior / 1st Yr Grad Course
MS4 – Senior / 2nd Yr Grad Course
OCP – Operational Camouflage Pattern
POW – Prisoner of War
RSOI – Reception, Stage, Onward Mvn’t, Integrate
SMP – Simultaneous Membership Program
SSN – Social Security Number
SOUTHCOM – U.S. Southern Command
USAG – U.S. Army Garrison

ASAP – As Soon As Possible
BPT – Be Prepared To
IAW – In Accordance With
MTG – Meeting
NCO – Non Commissioned Officer
NLT – No Later Than
STX – Situational Training Exercise
UCMJ – Uniform Code of Military Justice

CONUS – Continental United States
OCONUS – Outside the Continental U.S.
SITREP – Situation Report
OIC – Officer in Charge
CDR – Commander
CSM – Command Sergeant Major
XO – Executive Officer, 2nd in Command
S3 – Operations Officer
S1 – Personnel Officer
S2 – Recruiting / Military Intelligence Officer
S4 – Supply Officer
PAO – Public Affairs Officer
1SG – First Sergeant
ACFT – Army Combat Fitness Test
APFT – Army Physical Fitness Test
MFT – Master Fitness Trainer
PT – Physical Training
RC – Ranger Challenge
LOYALTY. Bear true faith and allegiance to the U.S. Constitution, the Army, your unit and other Soldiers. Bearing true faith and allegiance is a matter of believing in and devoting yourself to something or someone. A loyal Soldier is one who supports the leadership and stands up for fellow Soldiers. By wearing the uniform of the U.S. Army you are expressing your loyalty. And by doing your share, you show your loyalty to your unit.

DUTY. Fulfill your obligations. Doing your duty means more than carrying out your assigned tasks. Duty means being able to accomplish tasks as part of a team. The work of the U.S. Army is a complex combination of missions, tasks and responsibilities — all in constant motion. Our work entails building one assignment onto another. You fulfill your obligations as a part of your unit every time you resist the temptation to take “shortcuts” that might undermine the integrity of the final product.

RESPECT. Treat people as they should be treated. In the Soldier’s Code, we pledge to “treat others with dignity and respect while expecting others to do the same.” Respect is what allows us to appreciate the best in other people. Respect is trusting that all people have done their jobs and fulfilled their duty. And self-respect is a vital ingredient with the Army value of respect, which results from knowing you have put forth your best effort. The Army is one team and each of us has something to contribute.

SELFLESS SERVICE. Put the welfare of the nation, the Army and your subordinates before your own. Selfless service is larger than just one person. In serving your country, you are doing your duty loyally without thought of recognition or gain. The basic building block of selfless service is the commitment of each team member to go a little further, endure a little longer, and look a little closer to see how he or she can add to the effort.

HONOR. Live up to Army values. The nation’s highest military award is The Medal of Honor. This award goes to Soldiers who make honor a matter of daily living — Soldiers who develop the habit of being honorable, and solidify that habit with every value choice they make. Honor is a matter of carrying out, acting, and living the values of respect, duty, loyalty, selfless service, integrity and personal courage in everything you do.

INTEGRITY. Do what’s right, legally and morally. Integrity is a quality you develop by adhering to moral principles. It requires that you do and say nothing that deceives others. As your integrity grows, so does the trust others place in you. The more choices you make based on integrity, the more this highly prized value will affect your relationships with family and friends, and, finally, the fundamental acceptance of yourself.

PERSONAL COURAGE. Face fear, danger or adversity (physical or moral). Personal courage has long been associated with our Army. With physical courage, it is a matter of enduring physical duress and at times risking personal safety. Facing moral fear or adversity may be a long, slow process of continuing forward on the right path, especially if taking those actions is not popular with others. You can build your personal courage by daily standing up for and acting upon the things that you know are honorable.
The Cadet Creed

I am an Army Cadet.

Soon I will take an oath and become an Army Officer committed to defending the values, which make this nation great.

Honor is my touchstone. I understand mission first and people always.

I am the PAST: the spirit of those warriors who have made the final sacrifice.

I am the PRESENT: the scholar and apprentice Soldier enhancing my skills in the science of warfare and the art of leadership.

But, above all, I am the FUTURE: the future warrior-leader of the United States Army. May God give me the compassion and judgment to lead and the gallantry to WIN.

Cadet Command Patch

The shield (patch) symbolizes the Army mission of national defense and is divided into quarters representing the four traditional Military Science courses comprising the Senior ROTC curriculum.

The sword signifies courage, gallantry, and self-sacrifice intrinsic to the profession of arms.

The lamp denotes the pursuit of knowledge, higher learning, and the partnership of Army ROTC with American colleges and universities.

The Greek helmet is symbolic of the ancient civilization concept of the warrior scholar.

Cadet Command Motto

The motto 'LEADERSHIP EXCELLENCE' expresses the ultimate responsibility of Army ROTC in the discharge of its moral responsibility to the nation.

The Southern Strike Shield

A Gold shield parted quarterly gold and dark blue, in the first quarter a book of knowledge open faced, in second quarter a torch inflamed the same, in third quarter a sixteen pointed sun of the last, in fourth quarter a bar wavy throughout dark blue. Below the shield a dark blue scroll inscribed "SOUTHERN STRIKE" in base metal letters, conjoined on each side by a palm tree ascending to chief and setting suns.

Gold and dark blue are the school colors of the Host School - FIU. The book of knowledge is symbolic of scholarship and the educated warrior. The torch represents regenerative leadership and enlightenment. The sun signifies the unit's southeastern location. The wavy bar pays tribute to the diverse origins of the Cadets.
These qualities and standards are expected from every U.S. Army Officer. How well you demonstrate that you possess these traits will directly affect your competitiveness for a commission, your branch of choice & assignment to Active Duty.

Cadet Honor Code
- Cadets will not lie, cheat, steal, or tolerate anyone who does.
- The word & signature of a military officer is their bond. This is tradition and the military profession is one of the proud few that have developed and maintained this reputation.
- There is no place for a liar, a cheat, or someone who would conceal the truth. Intentional dishonesty is inexcusable and will not be condoned.
- The word of an officer and future officer must be considered truth. If this were not so, we could not confidently place responsibility for life, property, & the security of our civilization into the hands of our Officers during a time of war.

Honor Code Policy
- The word and signature of any officer, NCO or Cadet should be accepted unquestioningly as the truth.
- Quibbling, evasive statements or technicalities in order to shield guilt, defeat, or delay the ends of justice are dishonest.
- Falsifying an document, whether signed or unsigned, is a violation of the Cadet Honor Code.
- If a violation of trust is established, the Cadet in question will be required to answer to the PMS and may be disenrolled from the program.

Standards of Conduct.
- Show respect toward commissioned officers, non-commissioned officers, and all members of the Cadet Corps at all times.
- Never quibble with an officer, NCO, or Cadet officer regarding corrections made. Remember corrections are made for instructional purposes & to uphold the Army standards.
- Comply with all verbal instructions, orders, or notices posted.
- Be prompt in attendance for all ROTC events and classes.
- Be prepared for all classes & labs by conducting read-ahead material & bringing required equipment.
- Submit all assignments on-time or early.
- Call the room to “Attention” for all Officers; Call the room to “At-ease” for all NCOs.
- Stand at “Attention” when addressing Officers; stand at Parade-Rest when addressing NCOs or Civilian Employees
Every Cadet must be aware that their action on social media will follow them for the rest of their lives and may affect their future employment both in the Army & civilian sectors. The information you post will be your first impression for future employers & Army Commanders.

All contracted Cadets are required to conform to U.S. Army regulations & policies.

**Non-Contracted Students**
- CAN express your opinions & participate in peaceful non-partisan public demonstrations when NOT in Uniform.
- CAN donate money, sign petitions, & express your personal opinions.
- CAN follow, friend, or like a political party or candidate running for partisan office on a personal social media account.
- CAN Engage in partisan political activity but NOT in a Army or ROTC Uniform.
- **CANT** Post partisan political articles, websites or political cartoons, memes, or gifs in that disparage the U.S. Army or Army ROTC.

**Contracted Cadets**
- CAN express your opinions & participate in peaceful non-partisan public demonstrations when OFF-DUTY & NOT in Uniform.
- CAN donate money, sign petitions, & express your personal opinions when you are off-duty & not in an official capacity.
- CAN follow, friend, or like a political party or candidate running for partisan office on a personal social media account, when off-duty & not in a federal building.
- **CANT** Engage in partisan political activity or act in a manner that could imply Army approval or disapproval of any political party, campaign, or candidate in a partisan election.
- **CANT** Post partisan political articles, websites or political cartoons, memes, or gifs while on-duty, in a federal building, or using a government computer or personal device during duty hours.
- **CANT** refer to your official title or position while in gaged in political activity on social media.
- **CANT** Suggest or ask anyone to make a financial contribution on or off-duty.
- **CANT** link to the political contribution page of any partisan group or like, share, or reweet a solicitation including an invitation to a fundraising event.
- **CANT** engage in political activity on an account that is used for official business.
- MUST follow all orders & directives about specific activities that may be issued by appropriate civil & military authorities or found in the UCMJ.

Resources
- Army Social Media Guidance: http://www.army.mil/socialmedia/soldiers
Every Cadet will be treated fairly regardless of their race, religion, ethnicity, or sexual orientation. Any person who promotes or conducts acts of discrimination will be subject to disciplinary measures from local law enforcement and their University.

Sexual Harassment & Sexual Assault is unacceptable & will not be tolerated. Any person who promotes or conducts acts of discrimination will be subject to disciplinary measures from local law enforcement and their University.

This extends to Social Media / Texts / Online Conduct including posts to discussion boards!!

To Report an Incident On-Campus

FIU: https://diversity.fiu.edu/services-view/title-ix/
FAU: https://www.fau.edu/eic/title-ix/
NSU: https://www.nova.edu/title-ix/index.html
UM: https://titleix.miami.edu/index.html
MDC: https://www.mdc.edu/preventsexualviolence/default.aspx
Barry: https://www.barry.edu/title-ix/
BC: https://students.broward.edu/resources/rights-and-responsibilities/reporting-sexual-misconduct.html

Battalion Victim Advocate

Cadre Member
Cell Phone Number
Office Number
Email Address
3–1. Personal appearance policies
   a. Soldiers will present a professional image at all times and will continue to set the example in military presence, both on and off duty. Pride in appearance includes Soldiers’ physical fitness and adherence to acceptable weight standards in accordance with AR 600–9.

   (2) Male haircuts. The hair on top of the head must be neatly groomed. The length and bulk of the hair may not be excessive and must present a neat and conservative appearance. The hair must present a tapered appearance. A tapered appearance is one where the outline of the Soldier’s hair conforms to the shape of the head.

      (a) Sideburns. Sideburns are hair grown in front of the ear and below the point where the top portion of the ear attaches to the head. Sideburns will not extend below the bottom of the opening of the ear (see line A of fig 3–1). Sideburns will not be styled to taper, flair, or come to a point. The length of the individual hairs of the sideburn will not exceed 1/8 inch when fully extended. (b) Facial hair. Males will keep their face clean-shaven when in uniform, or in civilian clothes on duty. Mustaches are permitted. If worn, males will keep mustaches neatly trimmed, tapered, and tidy. Mustaches will not present a chopped off or bushy appearance, and no portion of the mustache will cover the upper lip line, extend sideways beyond a vertical line drawn upward from the corners of the mouth.

      (b) Facial hair. Males will keep their face clean-shaven when in uniform, or in civilian clothes on duty. Mustaches are permitted. If worn, males will keep mustaches neatly trimmed, tapered, and tidy. Mustaches will not present a chopped off or bushy appearance, and no portion of the mustache will cover the upper lip line, extend sideways beyond a vertical line drawn upward from the corners of the mouth.

Jewelry. No males may wear earrings while in uniform, or in civilian clothes on duty.

Excerpts from AR 670-1 that are common to all Cadets. For further information, see AR 670-1 for its entirety.
(3) **Female haircuts and hairstyles.** The illustrations provided in figure 3–4 are intended only to clarify language regarding authorized hair lengths and bulks. The requirements for hair regulations are to maintain uniformity within a military population for female Soldiers while in uniform, or in civilian clothes on duty, unless otherwise specified. Female hairstyles may not be eccentric or faddish and will present a conservative, professional appearance. For the purpose of these regulations, female hairstyles are organized into three basic categories: short length, medium length, and long length hair.

(b) **Medium length.** Medium hair is defined as hair length that does not extend beyond the lower edge of the collar (in all uniforms), and extends more than 1 inch from the scalp. Medium hair may fall naturally in uniform, and is not required to be secured. When worn loose, graduated hair styles are acceptable, but the length, as measured from the end of the total hair length to the base of the collar, may not exceed 1 inch difference in length, from the front to the back. Layered hairstyles are also authorized, so long as each hair’s length, as measured from the scalp to the hair’s end, is generally the same length giving a tapered appearance. The regulations for the wear of bangs detailed in paragraph 3–2a(a), apply. No portion of the bulk of the hair, as measured from the scalp, will exceed 2 inches.

(c) **Long length.** Long hair is defined as hair length that extends beyond the lower edge of the collar. Long hair will be neatly and inconspicuously fastened or pinned above the lower edge of the collar (except when worn in accordance with para 3–2a(j)), except that bangs may be worn. The regulations for the wear of bangs detailed in paragraph 3–2a(3)(a) apply. No portion of the bulk of the hair, as measured from the scalp as styled, will exceed 2 inches (except a bun, which is worn on the back of the head and may extend a maximum of 3 1/2 inches from the scalp and be no wider than the width of the head).

(d) **Jewelry:** Females are not authorized to wear earrings with any Class C uniform (combat, utility, garrison culinary, physical fitness, field, or organizational).
Army Combat Uniform (OCP)

The OCP Uniform is used for all Classes, Labs, Training Exercises & some Color Guard Events.

- Coat
- Trousers
- Undershirt
- Undergarments
- Belt
- Socks
- Boots
- Patrol Cap

**Right Shoulder:** U.S. Flag (combat patch if authorized)

**Left Shoulder:** Cadet Command Patch (Ranger Challenge and/or Colorguard Tab if awarded)

**OCP Flag Only Authorized For Tactics**

**Army Physical Fitness Uniform (APFU)**

- Authorized for wear while conducting physical training or participating in sporting events.
- The Socks, black or white, will be calf-length or ankle-length, and plain with no logos. Ankle-length socks must cover the Cadet’s entire ankle bone.
- When wearing the APFU jacket, the reflective belt is worn over the right shoulder, draped diagonally across the torso to the left hip.
The female service/dress uniform consists of:

Variations
(1) Service Class A/Dress. All components are worn; subject to election of either the trousers or the skirt.
(2) Service Class B. The coat is not worn. Female Soldiers may elect to wear either the trousers or the skirt. The neck tab is only required if wearing the long-sleeve shirt.

Male Uniform.
The male service/dress uniform consists of:
(11) Name Plate  (12) Rank & Insignia  (13) Awards, Badges  
(14) Battalion Insignia

Variations
(1) Service Class A. All components are worn.
(2) Service Class B. All components are worn, except the coat; the necktie is optional if the short-sleeve shirt is worn.
(3) Dress. All components are worn; the bowtie is substituted for the necktie.

The female service/dress uniform consists of:
(10) Hosiery  (11) Name Plate  (12) Rank & Insignia  (13) Awards, Badges  
(14) Battalion Insignia

Authorization for wear The service/dress uniform is authorized for year-round wear by all personnel. Primarily used for the annual formal, Color Guard events, & ceremonies.
Tactical Equipment Setup

- ACH
- APEL approved eye protection

Ear Protection (carried/worn)

- Fighting Load Carrier (FLC)
  1. Improvised First Aid Kit (IFAK)
     Worn on the left side
  2. M4 magazine pouch
  3. Hand grenade pouch (2)
  4. Additional admin or supply pouches authorized.

- Military hydration system (CamelBak)
  *worn on back
  (2x 1-Quart Canteens authorized as substitute.)

- Black/coyote/green gloves

NOTE: Cadre wear the patrol cap unless mission/safety requires the use of the ACH.
The MOLLE Ruck will have a nametape sewn into position on the top flap. The nametape will be sewn centered and approximately one inch from the bottom of the flap on the sewing seam running horizontal across the flap.

- No “Cat eyes”
Customs and courtesies have been a part of our Army lifestyle since the beginning of its existence. Like the changing of the guard or staff duty, each generation has added a bit of flavor to an event or custom to make it a little different and relevant for the current time/operating environment, yet upholding to the customs and courtesies that keep our Army and our noncommissioned officer Corps strong. For example, the tradition of commemorating the promotion of a Soldier to the rank of NCO, can be traced back to the Army of Fredrick the Great in the 17th Century.

Hand salutes and Courtesies
a. All Army personnel in uniform are required to salute when they meet and recognize persons entitled to the salute. Salutes will be exchanged between officers (commissioned and warrant) and enlisted personnel or Cadets of the Armed Forces of the United States (Army, Marine Corps, Navy, Air Force, and Coast Guard).

b. The junior person shall salute first. Accompanying the rendering of the hand salute with an appropriate greeting such as, "Good Morning, Sir" or "Good Morning, Ma'am" is encouraged. Personnel will not salute indoors, except when reporting to a superior officer.

c. Cadets will salute Commissioned Officers outdoors when not in a field training environment.

d. Cadet Officers are not Commissioned Officers therefore do not require a hand salute.

e. Cadets will stand at the position of parade rest when conversing with Enlisted Cadre

Salutes are not required to be rendered or returned when the senior or subordinate or both are:
(1) In civilian attire.
(2) Engaged in routine work if the salute would interfere.
(3) Carrying articles with both hands so occupied as to make saluting impractical.
(4) In the ranks of a formation.

Cadets may recite the Pledge of Allegiance as noted below in accordance with Section 4, Title 4, United States Code (4 USC 4)—

a. During military ceremonies, Soldiers/Cadets will not recite the Pledge of Allegiance.

b. At official functions, social events, and sporting events, Soldiers/Cadets should
   (1) When in uniform, outdoors, stand at attention, remain silent, face the flag, and render the hand salute.
   (2) When in uniform, indoors, stand at attention, remain silent, and face the flag.
   (3) When in civilian attire, stand at attention, face the flag with the right hand over the heart and recite the Pledge of Allegiance. Headgear should be removed with the right hand and held over the left shoulder, the hand being over the hear

Excerpts from AR 600-25 that are common to all Cadets. For further information, see AR 600-25 for its entirety.
**U.S. Army Rank Structure**

**ENLISTED RANKS**

**JUNIOR ENLISTED**
- Private (PVT)
- Private First Class (PFC)
- Specialist (SPC)

**SENIOR ENLISTED**
- Sergeant Major (SGM)
- Command Sergeant Major (CSM)
- Sergeant Major of The Army (SMA)

**NON-COMMISSIONED OFFICERS**
- Sergeant (SGT)
- Staff Sergeant (SSG)
- Sergeant First Class (SFC)
- Master Sergeant (MSG)
- First Sergeant (1SG)

**COMPANY-GRADE OFFICERS**
- Second Lieutenant (2LT)
- First Lieutenant (1LT)
- Captain (CPT)

**FIELD-GRADE OFFICERS**
- Major (MAJ)
- Lieutenant Colonel (LTC)
- Colonel (COL)

**GENERAL OFFICERS**
- Brigadier General (BG)
- Major General (MG)
- Lieutenant General (LTG)
- General (GEN)
- General of The Army (GEN)
UNDERCLASSMAN CADET RANKS

COMPANY LEADERS

FIRST SERGEANT

Cadet First Sergeant

COMPANY COMMANDER

Cadet Captain

Cadet Second Lieutenant

Cadet First Lieutenant

BATTALION LEADERS

COMMAND SERGEANT MAJOR

Cadet Command Sergeant Major

BATTALION COMMANDER

Cadet Lieutenant Colonel

Cadet Major
**Weekly Battle Rhythm**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>0600</td>
<td>Physical Fitness</td>
<td>Physical Fitness</td>
<td>Physical Fitness</td>
<td>Physical Fitness</td>
</tr>
<tr>
<td>0700</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0800</td>
<td></td>
<td>Cadet BN TNG MTG</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0900</td>
<td>MS4 Class (Every Other Week)</td>
<td>MS3 Class</td>
<td>MS3 Class</td>
<td></td>
</tr>
<tr>
<td>1000</td>
<td></td>
<td>Cadre Battalion Synch</td>
<td>Lab *</td>
<td></td>
</tr>
<tr>
<td>1100</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1200</td>
<td>Military History (Spring Semester Only)</td>
<td>Task Force Training Synch Meeting</td>
<td>Military History (Spring Semester Only)</td>
<td>Lab *</td>
</tr>
<tr>
<td>1300</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1400</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1500</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1600</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1700</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Super Labs: Thursdays, 0600-1200

Physical Fitness Tests: 0500

MSL 100 & MSL 200

Class times varies by University
RANGER CHALLENGE

Competes in the annual competition against every other ROTC program in the Southeast United States. Events include individual tactical tasks such as rifle marksmanship and physical endurance events including a long distance foot-march, obstacle course, and other events.

- 11 Cadet Team.
- OCP Uniform, PT Uniform, RC Shirt.
- 10 Order of Merit points for those selected for the team; 5 Points for those who complete the training.

COLOR-GUARD

Presents the American Flag at University events (every football game, graduation ceremonies, & national remembrance ceremonies) & Battalion events (Ruck-To-Honor, Pro Sport Events, etc.) throughout the semester.

- 4 – 7 Cadet Team per event.
- OCP Uniform or Army Dress Uniform.
- 5 Order of Merit points toward MS3 Year.

FOOTBALL PUSH-UP TEAM

Participates at every home football game on the field. Conducts pushups each time the team scores.

- 6 – 25 Cadets per game.
- OCP Uniform Bottoms w/ ROTC Shirt.
- 5 Order of Merit points toward MS3 Year.

Must Pass the APFT

Must meet Army Height & Weight Standards
The Order of Merit List is set at the end of your MS3 Year. This ranking is a part of the final Cadet score that is used by the Army to determine which component you will serve (Active Duty or Guard/Reserves) as well as your branch within the Army.

### 2021 Model

1. **Academic Outcomes (40%)**
   - Accessions GPA (cumulative through junior year) (31.0)
   - Academic Discipline (4.0) ADM4 = 4 pts; ADM3/5 = 2pts
   - Language/Cultural Awareness (5.0)

2. **Leadership Outcomes (45%)**
   - PMS Experience Based Observations
   - MS III Cadet OER, PMS Rating of Potential (14.0)
   - MS III Cadet OER, PMS Ranking of Performance (7.0)
   - Advanced Camp Performance
     - Platoon Potential Rating (15.0)
     - RECONDO (1.0)
   - Cadet Training/Extracurricular Activities (5.0)
   - Maturity & Responsibility (3.0)
     - Full-Time Employment
     - Part-Time Employment
     - SMP Member

3. **Physical Outcomes (15%)**
   - Physical Fitness Score
     - Campus (most current fall semester) (3)
     - Campus (most current spring semester) (3)
     - Advanced Camp (6)
   - Athletics
     - Varsity, Intramural, or Community Team (3.0)
Cadet Leader Roles

Cadet Battalion Commander (c/LTC)
- Executes the guidance of the PMS and Cadre. Inspects and ensures orders and policies are followed.
- Commands the Corps of Cadets, sets the example, and leads the way by attending all training events.
- Delegates responsibilities to commanders and staff to execute assigned missions by delineating responsibilities, expectations, and training objectives.
- Builds an effective chain of command and develops a positive command climate.

Cadet Executive Officer (c/MAJ)
- Second in command
- Serves as the Chief of Staff; coordinates the efforts of the Cadet Battalion staff and companies.
- Anticipates requirements supervises staff planning, coordination, and execution of all specified and implied tasks.
- Assigns staff proponents for specific tasks.
- Schedules and controls staff meetings. Supervises the implementation of risk management. Ensures that safety briefings are presented at all special events. Supervises all tasks assigned to the staff by the c/BC.

Cadet Command Sergeant Major
- Principal advisor to the commander on the state of morale, discipline, and training of Cadets within the Battalion.
- Ensures that: correct information about training, special events, etc. is passed up and down the chain of command.
- Oversees the training and performance of the Color Guard at special events, ensures formations and drill and ceremony are executed in accordance TC 3-21.5, runs the flag duty detail, fosters unit Esprit de Corps, and attends weekly Battalion command and staff meetings.
- Accounts for personnel; conducts Battalion formations; issues orders/instructions through the NCO chain of command; ensures personal appearance standards are met; conducts drill and ceremonies at the Battalion level.

Cadet S-3 (c/MAJ)
- Directs, and supervises the long-range planning of major events and activities and maintains the Long-Range Calendar.
- Synchronizes all events in the battalion such as Leadership Labs, PT, APFTs, Field Training Exercises, leadership development positions, club activities, and special PT events.
- Responsible for planning the largest activity for the semester.
- Prepares and distributes Warning Orders (WARNOs), Operations Orders (OPORDs) and Fragmentary Orders (FRAGOs).
- Compiles training records and reports such as After-Action Review (AARs).

Cadet S-1 (c/1LT)
- Principal staff Officer for all matters regarding administration and human resources.
- Ensures full unit accountability and reports attendance to Cadre.
- Prepares and maintains unit strength reports, rosters, and records.
- Ensures Cadet Organization are current and manned.
- Supervises awards program.

Cadet S-2 (c/1LT)
- Works directly with the Recruiting Operations Officer to plan, coordinate, and supervise all recruiting activities.
- Schedules underclassman Cadets to support recruiting events.
- Responsible for predicting training conditions and providing advanced warning of conditions that require adjustments to exercises and activities.
- Prepares and briefs paragraph 1 of all Battalion OPORDS.
Cadet Company Commander (c/CPT)
- Reports directly to the Cadet BC on the morale, welfare, accountability, training, and discipline of the company.
- Employs mission command to accomplish its mission according to Cadet BC’s intent and concept.
- Commands the company and is responsible for its day-to-day operations.
- Responsible for the companies training meetings and plans, organizes, and executes company training.
- Ensures PL’s understands the concept and overall intent of the missions being conducted.

Cadet S-4 (c/1LT)
- Responsible for planning and coordinating logistics for projects, training and activities.
- Coordinates with the Cadet S3, the Cadre S3, and the Cadre S4 to ensure all logistics have been coordinated and to determine if any additional resources are missing and/or needed.
- Coordinates with the Cadre supply technician to ensure 100 percent accountability of Battalion property.

Cadet First Sergeant (c/1SG)
- Holds company formations IAW Training Circular (TC) 3-21.5 and receives accurate reports from the Cadet PSG’s.
- Responsible for organizing details to accomplish company tasks.
- Responsibility for Cadet accountability during all training events
- Checks Cadet NCOs for job knowledge, military appearance, and knowledge of their subordinates’ strengths and weaknesses.
- Conducts and supervises training to ensure it meets the Cadet Company Commander’s intent.
- Enforces standards, discipline, and customs and courtesies. Lastly, the Cadet 1SG also mentors and counsels the MS III’s that are part of the team.

Cadet Public Affairs Officer (c/1LT)
- Responsible for all photography of Company training event pictures and Cadet accomplishments. Responsible for documenting the semester on Instagram, and Facebook page.
- Serves as administrator of the Battalion Facebook & Instagram site; coordinates with Cadre for website updates.
- Coordinates with non-military and media agencies for participation in community activities, advertising campaigns, news releases and feature articles to increase public awareness of the ROTC program.
- Coordinates with the Cadre Recruiting Operations Officer and Cadet S2.
- Coordinates with MS3, MS2, & MS1 Assistant PAOs to obtain pictures and videos from across the Company.

Cadet Ranger Challenge Captain (c/CPT)
- Leads the Range Challenge team in all training and at the Brigade competition.
- Develops the physical & individual skill training plan for all Cadets attempting to make the final team.
- Develops the Physical fitness plan for the team and the MS3 class.
- Recommends team competition to Cadre based on performance & dedication.

Cadet Master Fitness Trainer (c/1LT)
- Develops the weekly physical training plan for the MS1 and MS2 class.
- Coordinates with Cadre Supply Officer and S4 for equipment and access to campus facilities for different events.
- Analyzes the monthly PT tests and adjusts the PT plan based on the needs of the Cadets.
Cadet Platoon Mentor (c/2LT)
- Direct mentor for the Platoon Leaders and Platoon Sergeants as Cadets rotate through leadership roles.
- Maintains Cadet information on their platoon and updates the Company/Battalion staff during Synchronization Meetings.
- Ensures Platoon Sergeants are conducting proper Drill & Ceremonies as well as Prep Drills for physical training.
- Assists Cadre maintain Cadet statistics and help Cadets with meeting contracting requirements.

Cadet Color Guard Captain
- Most proficient MS3 regarding Drill & Ceremonies.
- Responsible for scheduling Cadets for each requested color guard event; coordinates with Cadre/Cadet Leadership for all future events.
- Inspects all color guard equipment prior to each event.
- Inspects each member’s uniform prior to each event.
- Survey’s each event site and briefs the movement plan to the team.
- Conducts rehearsals prior to each event.
- Ensures all equipment is returned to the detachment after each event and reset for the next use.

Cadet Platoon Leader
- Responsible for the platoon’s day-to-day operations.
- Executes the Company Commander’s intent to achieve mission success.
- Assists the Company and Battalion leadership obtain volunteers for events on & off campus.
- Develops & briefs a weekly OPORD for the Platoon.
- Reports directly to the Cadet BC on the morale, welfare, accountability, training, and discipline of the platoon.
- Motivates the platoon during physical training and Lab events.

Cadet Platoon Sergeant
- Responsible for organizing details to accomplish platoon tasks.
- Responsibility for Cadet accountability during all training events; reports attendance to PLT Mentor.
- Checks Cadet NCOs for job knowledge, military appearance, and knowledge of their subordinates’ strengths and weaknesses.
- Holds platoon formations IAW Training Circular (TC) 3-21.5 and receives accurate reports from the Cadet Squad Leaders.
- Leads the platoon in physical training prep drills and drill & ceremonies.
- Motivates the platoon during physical training and Lab events.

Cadet Squad Leader
- Responsible for organizing details to accomplish the squad’ tasks.
- Responsibility for Cadet accountability during all training events.
- Checks Cadet NCOs for job knowledge, military appearance, and knowledge of their subordinates’ strengths and weaknesses.
- Holds squad formations IAW Training Circular (TC) 3-21.5.
- Motivates their squad during physical training and Lab events.

Cadet Team Leader
- Responsibility for Cadet accountability during all training events.
- Checks Cadet NCOs for job knowledge, military appearance, and knowledge of their subordinates’ strengths and weaknesses.
- Directs and controls their team through tactical maneuvers and drills.
- Motivates their team during physical training and Lab events.
Mentoring is a powerful way for people to learn a variety of personal and professional skills. This program will contribute to the leadership development program process for all Cadets. As part of this process, it teaches Cadets how to take care of their Soldiers and prepare leader books. It will also assist incoming freshmen (MS-IIs) with their transition into college life while at the same time aiding MS-IIs and MS-IIIIs in their transition to becoming MS-IVs.

**MENTORSHIP PROGRAM OBJECTIVES**

1. Promote academic excellence.
2. Decrease Cadet attrition.
3. Enhance leadership skills.

**DEFINITIONS**

**Mentorship:** The voluntary, developmental relationship that exists between a person of greater experience (mentor) and a person of lesser experience (associate) that is characterized by mutual trust and respect.

**Cadet Mentor:** An MS-IV Cadet detailed to act as a mentor to an MS-I, II or III Cadet. The Cadet mentor is one who has achieved both academic and ROTC success, acquired self-confidence, experienced personal and professional satisfaction, and wishes to share his or her experiences with a junior Cadet.

**Cadet Mentee:** An MS-I thru III Cadet under the mentorship of an MS-IV or other Cadet.
All academic & physical achievements ribbons will be awarded at the start of each semester. Team or event ribbons will be awarded as they occur.

Ribbons are displayed in order of precedence from left to right, top to bottom.

- **Brigade Ranger Challenge Winning Team**
- **Ranger Challenge Team Member**
- **Color Guard Member**
- **1 Shot – 1 Kill**
- **Dean's List**
  - Semester GPA 3.5 - 4.0
- **Battalion Poker Chip**
  - 540 on ACFT or 290 on APFT
  - 3.5 Semester GPA
- **Certificate of Achievement & Battalion Coin**
  - 600 on ACFT or 300 on Record APFT
  - 4.0 Semester GPA
- **ROTC Honors**
  - 4.0 GPA in all MSL Courses
- **CDR Athletic Award**
  - Top PT Score in each Company
- **CDR Academic Award**
  - Top GPA in each Company
- **Platinum Athlete**
  - 300 or Above On APFT
- **Gold Medal Athlete**
  - 290 – 299 On APFT
- **Silver Medal Athlete**
  - 280 – 289 On APFT
- **Bronze Medal Athlete**
  - 270 – 279 On APFT
- **Most Improved**
  - Largest Increase in Score
- **1 Shot – 1 Kill**
  - 40 out of 40 at CST or FTX
- **Color Guard Member**
  - Semester GPA 2.9 – 3.1
- **Highest Semester GPA Jump**
- **Bold Challenge Iron Hammer Winning Team**
- **Platinum Athlete**
  - 300 or Above On APFT
- **Gold Medal Athlete**
  - 290 – 299 On APFT
- **Silver Medal Athlete**
  - 280 – 289 On APFT
- **Bronze Medal Athlete**
  - 270 – 279 On APFT
- **Most Improved**
  - Largest Increase in Score
- **CDR Athletic Award**
  - Top PT Score in each Company
- **CDR Academic Award**
  - Top GPA in each Company

**Battalion Poker Chip**
- 540 on ACFT or 290 on APFT
- 3.5 Semester GPA

**Certificate of Achievement & Battalion Coin**
- 600 on ACFT or 300 on Record APFT
- 4.0 Semester GPA

**OCP Shoulder Patches**

- **Ranger Challenge**
  - Authorized for only current & past members who competed in the BDE Competition.
- **Color Guard**
  - Authorized for all Cadets trained & certified by the Company Commander to serve.
As Cadets you are responsible for the care, use, maintenance, and serviceability of Army property and are responsible for its and eventual return to the Army supply system. At all times, all Army property will be kept secure and will be accounted. As ROTC Cadets and future officers, you will be required to:

- Maintain clothing and equipment records for yourself and your supply records are in proper order Using DA Form 2062.
- Maintain accountability of all equipment and supplies issued to you from the Army.
- Maintain security of all items of clothing and equipment in the supply room, training aids storage area or other designated areas.

**New Cadets:**
Army Uniforms will be ordered once you are enrolled in CCIMS & after the drop/add period.

Uniforms will be shipped to the ROTC Building. Cadet rank will be issued by your supply tech.

Uniforms & Ranks must be returned at the end of the semester if you do not register for the next class. Your grade will show as “Incomplete” until all equipment is turned in.
1. Enroll as a Cadet with the following Documents
   - Cadet Information Sheet
   - CC Form 139 – Cadet Enrollment Record
   - DA Form 3425 – Medical Fitness Clearance
   - Form 1199 – Finance Direct Deposit
   - IRS Form W-4 – Banking Information for Official Travel
   - Unofficial Transcripts

   *All Documents Must be Typed*

2. Pass the Army Combat Fitness Test

3. Complete the DODMERB Physical
   (And complete any remedials or waivers if needed – CC Form 131)

4. Be a U.S. Citizen or Obtain Naturalization

5. Complete the Following Documents
   - CC Form 104R – Academic Plan Worksheet
   - CC Form 136 – Government Benefits for ROTC Cadets
   - CC Form 137 – Authorization for Student Record Access
   - CC Form 167 – Scholarship Accept/Decline (If Applicable)
   - Scholarship Award Notification Letter (If Applicable)
   - DD Form 93 – Emergency Record Data
   - SGLV 8286 – Service Member’s Group Life Insurance
   - Social Security Card (Copy)
   - Birth Certificate / Naturalization Certificate (Copy)

6. Army National Guard or Army Reserve SMP Cadets Complete.
   - CC form 202R (Non-Scholarship) or 203R (Scholarship) – GRFD Endorsement
   - DA Form 4824-R (Reserves) or NGB 594-1R (Guard)
   - Letter of Acceptance (from current unit)
All courses, to include electives, will go onto the 104R. This does not mean that you are beholden to those specific classes but it does give you an idea of what you will take in order to graduate on time.

Account for Summer School Requirement for your University.

U.S. Military History only offered in the Spring.

Initial at the beginning of each Semester after Drop/Add.
Form 104R Completion Continued

Future Semester schedules can change as long as the graduation date does not.

List Advance Camp during Summer of your Junior Year to ensure other classes do not interfere.

Check the “Yes” Box Confirm Graduation Date

Must complete a new 104R if graduation date changes.
**ROTC OFFICES**

Florida International University  
11200 SW 8th Street, Building W10A  
Miami, FL 33199  
(305) 348-1619

Florida Atlantic University  
777 Glades Road, Building T-11  
Boca Raton, FL 33431  
(561) 297-7682

University of Miami  
1551 Brescia Avenue  
Coral Gables, FL 33124  
(305) 284-3329

Nova Southeastern University  
3301 College Avenue, (Building)  
Fort Lauderdale, Florida 33314  
(954) 262-8510

**ACTIVE DUTY SERVICES**

U.S. Southern Command (USAG Miami)  
9301 NW 33rd St, Doral, FL 33172

**Military ID Cards & DEERS**  
IDs - (305) 437-2718  
Deers - (305) 437-0900  
Walk-In (0645, M-F)

ID Card & DEER Appointments  
made at: [https://idco.dmdc.osd.mil/idco/](https://idco.dmdc.osd.mil/idco/)

**Medical Clinic**  
Appointments made through Ft. Gordon Army Hospital  
(305) 437-1148  
Sick-Call 0700-0730hrs

**SOUTHCOM Housing**

**Dental Process**

1. Login to Humana Military East Website  
[https://infocenter.humana-military.com/beneficiary/service/Account/Login](https://infocenter.humana-military.com/beneficiary/service/Account/Login)
2. Search for dental providers near your residence.
3. Make an appointment with a provider listed on the Humana/Tricare site.
4. Ensure the office completes DD 2813 after your visit.
5. Email the completed form to Mr. Aaron Jackson at SOUTHCOM to update MEDPROS  
Aaron.c.jackson10.civ@mail.mil
### PHONETIC ALPHABET

<table>
<thead>
<tr>
<th>LETTER</th>
<th>PHONETIC</th>
<th>TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Alpha</td>
<td>AL FAH</td>
</tr>
<tr>
<td>B</td>
<td>Bravo</td>
<td>BRAH VOH</td>
</tr>
<tr>
<td>C</td>
<td>Charlie</td>
<td>CHAR LEE</td>
</tr>
<tr>
<td>D</td>
<td>Delta</td>
<td>DELL TAH</td>
</tr>
<tr>
<td>E</td>
<td>Echo</td>
<td>ECK OH</td>
</tr>
<tr>
<td>F</td>
<td>Fox Trot</td>
<td>FOX TROT</td>
</tr>
<tr>
<td>G</td>
<td>Golf</td>
<td>GOLF</td>
</tr>
<tr>
<td>H</td>
<td>Hotel</td>
<td>HOH TELL</td>
</tr>
<tr>
<td>I</td>
<td>India</td>
<td>IN DEE AH</td>
</tr>
<tr>
<td>J</td>
<td>Juliet</td>
<td>JEW LEE ET</td>
</tr>
<tr>
<td>K</td>
<td>Kilo</td>
<td>KEY LOW</td>
</tr>
<tr>
<td>L</td>
<td>Lima</td>
<td>LEE MAH</td>
</tr>
<tr>
<td>M</td>
<td>Mike</td>
<td>MIKE</td>
</tr>
</tbody>
</table>

**Note:**
- A stands for "Alpha" but is pronounced as "Al-fuh.
- B stands for "Bravo" but is pronounced as "Brav-oh.
- C stands for "Charlie" but is pronounced as "Char-lee.
- D stands for "Delta" but is pronounced as "De-lay.
- E stands for "Echo" but is pronounced as "Eck-oh.
- F stands for "Foxtrot" but is pronounced as "Fox-trot.
- G stands for "Golf" but is pronounced as "Golf.
- H stands for "Hotel" but is pronounced as "Hoh-tell.
- I stands for "India" but is pronounced as "I-n-dee.
- J stands for "Juliet" but is pronounced as "Jew-lee.
- K stands for "Kilo" but is pronounced as "Key-lo.
- L stands for "Lima" but is pronounced as "Lee-mah.
- M stands for "Mike" but is pronounced as "Mike.

### PHONETIC NUMBERS

<table>
<thead>
<tr>
<th>NUMBER</th>
<th>PHONETIC</th>
<th>TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>One</td>
<td>W O N</td>
</tr>
<tr>
<td>2</td>
<td>Two</td>
<td>T O O</td>
</tr>
<tr>
<td>3</td>
<td>Three</td>
<td>T R E E</td>
</tr>
<tr>
<td>4</td>
<td>Four</td>
<td>F O W E R</td>
</tr>
<tr>
<td>5</td>
<td>Five</td>
<td>F I F E</td>
</tr>
<tr>
<td>6</td>
<td>Six</td>
<td>S I X</td>
</tr>
<tr>
<td>7</td>
<td>Seven</td>
<td>S E V E N</td>
</tr>
<tr>
<td>8</td>
<td>Eight</td>
<td>E I G H T</td>
</tr>
<tr>
<td>9</td>
<td>Nine</td>
<td>N I N E R</td>
</tr>
<tr>
<td>0</td>
<td>Zero</td>
<td>Z E E R O H</td>
</tr>
<tr>
<td>10</td>
<td>Ten</td>
<td>O N E Z E R O</td>
</tr>
<tr>
<td>11</td>
<td>Eleven</td>
<td>O N E O N E</td>
</tr>
</tbody>
</table>

### PRO-WORD DEFINITION

- **Break**: Message continues. Standby for the rest of the message.
- **Disregard**: Previous transmission was in error.
- **I Spell**: The following word will be spelled using the phonetic alphabet.
- **Out**: This is the end of the transmission. No answer is required or expected. The higher ranking person uses this pro-word.
- **Over**: This is the end of my transmission. Response is required. Standing by for your transmission.
- **Read-Back**: Repeat the transmission back to me exactly as received.
- **Roger**: I received your last message & understand.
- **Say Again**: I did not receive a portion or all of your last transmission. Send it again.
- **WILCO**: I understand your order. Will Comply.
MS4 Training Plan Process

- Cadre Assignment
- COA Development
- Back Brief CMD Team
- Cadre Approval at TNG MTG

- Develop the Concept
- Recon the Site
- Develop the Plan
- Brief the Plan
- Train the Trainers
- Rehearse the Plan
- Conduct the Event
- Conduct the AAR

Labs Assigned: Week Prior to 1st Day of Class
Initial Concept: Due to Cadre end of 2nd Week of Class

T+6: Final Concept Due to Cadre
T+4: CONOP Brief at Cadet Training Meeting
T+3: Final Plan Briefed
T+2: Training Plan Issued to MS3 Leadership
T+1: Plan Briefed to entire Corps of Cadets
Southern Strike!